

# WILDWOOD GREEN GOLF CLUB

June 2019



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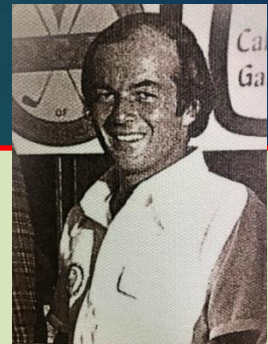
*"Carolinas Golf Group Facility"*

# Newsletter



# WILDWOOD GREEN GOLF CLUB

## June 2019



### Board of Advisors:

Bob Hounsell  
Dale Denny  
Lennie Barton  
Carol Smith  
Bryan Copeland  
Jim Davis  
Carolyn Lyman

### Co-Chairman:

Jeff Hall  
Denice Short

Thank you for all your  
ideas and support to  
improve the club.

We all wanted the rain to stop and now we are begging for rain. We have a few fairways that we are working on. Rick Durham and his staff are fertilizing all tees and fairways in early June, plus turning on some sprinklers especially holes 13 & 14. Sodding on #4, 9, 13, 14 will be completed soon. We hope you enjoy the range tee improvements which will be completed the first full week of June.

We have 66 Signed up for the cart path improvement plan which has been a great response. We have decided to extend the program until July 1<sup>st</sup> and ask that all payments are made between now and then so that we can start the repair work as soon as possible.

Our membership drive is going strong. We have signed up 15 new members so far. Lower your dues by sponsoring a friend or colleague as a new member. Feel free to get a new member packet from the golf shop so that you can give it to your friend!

Thank you for being a member!  
Roger Watson  
Owner



# WILDWOOD GREEN GOLF CLUB

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**Cart Path Improvement Program – OFFER EXTENDED UNTIL JULY 1<sup>ST</sup>, 2019!**



Thank you to the members who have committed to helping improve our facility and our cart paths. We look forward to many exceptional years to come. If you are interested in opting into our Cart Path Improvement program, please see a member of the golf shop for more information.

**With the extension of the program, we ask that payments are made before July 1<sup>st</sup>!**





# WILDWOOD GREEN GOLF CLUB

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**Celebrate Women's Golf Day at Wildwood Green!**

**Tuesday, June 4<sup>th</sup>, 2019**

## **"BREATHING FOR BETTER GOLF"**



**CELEBRATE WOMEN'S GOLF DAY WITH A COMPLIMENTARY INFORMATIONAL SESSION!**

**WHAT:** FREE 30-Minute Breathing Class

**WHEN:** TUESDAY, JUNE 4TH at 7:45 am

**WHERE:** WGGC - Grassy area near tennis courts.  
Please bring a beach towel/mat

**REGISTER TODAY!!** Contact Kjersten at  
**KMarlow@NCGOLFPT.com** or  
**(919) 812-1717**



## **"BREATHING FOR BETTER GOLF"**

**TRAINING WILL HELP YOU:**

**Reduce Your Risk of Injury**

**Increase Your Endurance**

**Improve Your Game**

**Decrease Your Swing Faults!**

**THEREXCEL GOLF PERFORMANCE & PT**

Wildwood Green  
3000 Ballybunion Way  
Raleigh, NC 27613

[www.NCGOLFPT.com](http://www.NCGOLFPT.com)  
(919) 812-1717



# WILDWOOD GREEN GOLF CLUB

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## *Member Accomplishments*

Rick Giglio shot his best score ever, a 77, on May 11<sup>th</sup>. This is the first time Rick shot better than 80 (for more than 9 holes 😊)





# WILDWOOD GREEN GOLF CLUB

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*Join us on Clubster – Your member's only communication tool*



Join us on  
clubster

Clubster is both a website and smart phone application that allows us to stay in contact with you using shorter and more direct messages than email systems. You can download the Clubster app through your phone's marketplace or sign in to the website from your home computer. We are able to keep you updated through this app via email and direct phone push notifications.

**See a member of the golf shop if you have any questions!**



# WILDWOOD GREEN GOLF CLUB

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## Acers Club at Wildwood Green



A good investment even if you aren't feeling lucky! **For only \$5** you can join the acers club and if you make a hole in one during the season you will **win the pot in the form of a gift certificate to the club**....which may help cover all of the drinks you will have to buy! **The first hole in one made by someone that is in the Acers Pool will win the pot.** Once the pot is cleared you will need to repay your \$5 to be eligible for the next round of winnings.

To enter the Acers Pool just stop by the golf shop and let us know you want to get in, pay your \$5, and go play golf.  
The only catch is that your hole in one will have to be contested by your playing partner.

**See a member of the golf shop if you have any questions!**





# WILDWOOD GREEN GOLF CLUB

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## Hours of Operation:

<u>Day of the Week</u>	<u>Golf Shop Hours</u>	<u>First Tee Time</u>	<u>Last Range Bucket Sold</u>
Monday	10:30 AM – 8:30 PM	11:00 AM	8:00 PM
Tuesday-Saturday	6:30 AM – 8:30 PM	7:00 AM	8:00 PM
Sunday	6:30 AM – 8:30 PM	7:00 AM	5:30 PM

Champions Grille Hours - Tuesday - Sunday: 7:00 AM – 6:30 PM

Champions Grille Hours - Monday: 10:30 AM – 6:30 PM





# WILDWOOD GREEN GOLF CLUB

## June 2019



Jeff Engelhaupt – General Manager

Dear Members,

The greens are in fantastic shape and I ask that you get and play some golf! Our two new FatTire Scooters are on their way from Arizona and we have named them...one is Otis and the other is Bertha. We are sure you will welcome them to the Wildwood family and enjoy their presence here at the club. I have started a waiting list for interested members in getting their turn, so if you would like to get your name on the list, please email me at [jeff@wildwoodgreen.com](mailto:jeff@wildwoodgreen.com).

As summer begins we look forward to more foot traffic at the facility. I ask that you remember to fill your divots with sand and repair your ball marks on the green. If everyone does a little, the whole will be better!

I look forward to seeing you at the club soon!

### Upcoming Events

Tuesday, June 4th

Senior Scramble

Saturday, June 15<sup>th</sup> – 12:00 PM

US Open Pool Closes

Sunday, June 16th

Half Price Guest Day

Saturday, June 22nd

CGA Sanctioned One Day Event

Sunday, June 23rd

Couples Golf

Saturday, June 29th

Over/Under 60 Event

Saturday, June 29th

Skins Day



# WILDWOOD GREEN GOLF CLUB

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## Rick Durham – Superintendent

Our weather during May was up and down. The month started cool with an occasional rain shower and ended hot with no rain. Greens have responded well to the heat and our ability to consistently water. Maintenance Mondays have also had a positive impact and greens will continue to get better as the summer progresses. On the other hand, tees and fairways are lagging behind. Although these two areas benefit from the heat, our inconsistent ability to water is evident during dry spells. To improve these two playing areas we have scheduled a fertilizer application for June 3<sup>rd</sup>. Once that has been completed sod will be installed to repair any remaining thin or bare areas. Numerous irrigation improvements and repairs have been completed with more planned for the year to help improve turf. On a final note, the new Turfhound range mats are in and will be installed the first full week of June. Thank all of you for your comments and suggestions and as always I can be reached at [rdurham@wildwoodgreen.com](mailto:rdurham@wildwoodgreen.com).



# WILDWOOD GREEN GOLF CLUB

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### The Golf Academy at Wildwood Green



The summer Operation 36 semester starts June 12 with the 9 week offering. Classes, on course playing challenges and supervised practice session levels of participation are available for ages 7-18. A new 5 week summer semester starts the week of July 8 with the same participation options. An exciting NEW level of participation for ages 3-6 also begins the week of July 8 with the 5 week Future 36'ers Operation 36 program powered by the Birdie Basics platform. Class information and schedule options as well as tuition information can be found at our Academy website, [raleighgolflessons.com](http://raleighgolflessons.com). Registration is available through the link on the website with tuition payable directly to Academy Director Jimmy Hamilton. Questions and help with registration is available with Jimmy by calling 919-906-1290 or by email at [hamgolf4u@gmail.com](mailto:hamgolf4u@gmail.com)

Contact us with any questions by calling Jimmy Hamilton at 919-906-1290 or [hamgolf4u@gmail.com](mailto:hamgolf4u@gmail.com).

We are here to help you have more fun with your golf game!!!!



# WILDWOOD GREEN GOLF CLUB

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### The Golf Academy At Wildwood Green



Adult programming continues with Jeff Glatfelter and the Summer Series of clinics and Get Golf Ready classes. Look for the dates for the New Golfer Bootcamp clinic and become a golfer in one day! Pam Rogers has group class offerings as well for adults with new classes forming all the time. Contact these professionals at 717-683-9196 or [jgpro@outlook.com](mailto:jgpro@outlook.com) for Jeff Glatfelter or 919-426-9553 or [prlpga@aol.com](mailto:prlpga@aol.com) for Pam Rogers for registration and information on their programs as well as on the Programs Page at [raleighgolflessons.com](http://raleighgolflessons.com).

Father's Day is right around the corner so set Dad up with coaching to improve his game with our Gift Certificate specials. Buy any 4 lesson package and get the fifth lesson FREE! Buy any 8 lesson package and get an hour on course lesson FREE! Buy any 12 lesson package and get both an extra lesson AND an hour on course lesson FREE! These specials and dates available are on the Gift Certificate page at [raleighgolflessons.com](http://raleighgolflessons.com), along with each professionals contact information. Attractive Gift Certificates are available for this great gift for Dad.

Our PGA Junior League season is underway with both Wildwood Green teams now in action. The Divots #2 team dropped their opener at UNC Finley 9-3 with Carter Redden, Tyler Kardas, Ashley Kardas and Eva Karniol teaming to win a full point in two of their matches. Both teams will be in action Saturday June 1 at Wildwood Green against UNC Finley teams, Divots #1 team scheduled June 9 at home to UNC Finley, Divots #1 and #2 face off on June 15 and both teams travel to UNC Finley for matches on June 22 and June 29. All matches start at 4:30.





# WILDWOOD GREEN GOLF CLUB

## June 2019

Want to add length to your life and drives? I have your answers! I will have a two part series the first being here in the June newsletter and the second will be featured in our July newsletter. I can also give you these strategies in person. My office is located just upstairs in the Wildwood Green clubhouse! –Kjersten Marlow, TherExcel

**1. FUEL UP:** Your body (and your golf swing) require good fuel to perform at your best...Good nutrition (healthy fats and more protein than carbs) is a critical component of playing 18 holes without losing your steam at the end. Golfers often lose their stamina at the end of a round and recruit extra muscles to keep up the swing. This is often when golfers get hurt. Try to eat a well-balanced meal prior to your round. Bring a trail mix, banana, and protein to have a small snack every 4-5 holes. A hotdog and a beer at the turn may sound good, but it could do you more harm than good...and cause swing breakdown in your final holes.



**2. HYDRATION IS KEY:** Did you know that more than 60% of your brain and body are made up of water?...It's true, yet it is unlikely that you actually drink enough during a round to maximize your swing potential ...and prevent pain. It is critical that you have a few glasses of water before your round, then drink water when you eat your healthy snack...every 4-5 holes. Be sure to drink more often (every hole) if the temperature is high. Try to avoid drinks with caffeine, alcohol, or a lot of sugar...they will sap your energy. Some other good options are adding Drip-Drop (electrolyte replacement) or coconut water.

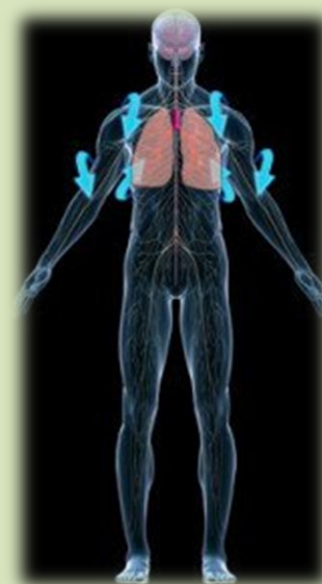


# WILDWOOD GREEN GOLF CLUB

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## Play Without Pain – Kjersten Marlow, Therexcel

**3. TAKE SOME DEEP BREATHS:** Oxygen is another critical component of good performance and playing without pain. When you breathe well and take in more air, your muscles contract and relax with ease. Holding your breath, creates tension in your upper body...injuries, pain, and swing faults are more common with unnecessary tension and muscle tightness. A fluid swing comes from well-oxygenated and relaxed tissues. Jason Day used Breathing Exercises to manage his pain and protect his back/rib cage after the 2019 Masters... Try taking 10 deep breaths before your next round, then take 2-3 more every hole. You'll be amazed at how much better your feel...and swing!!



**4. GET YOUR ZZZZ's:** Getting good, restorative sleep is crucial for playing and living without pain. Your body restores and heals itself while you rest, so it is extremely important to begin a 4+ hour round of golf with good rest. If your brain and muscles are fatigued, it is difficult to stay relaxed and maintain the endurance to walk 18 holes and carry your bag...let alone swing your club 40+ times and control your putts. Try to adjust your bedtime for those early tee-times, so you get at least 7-8 hours of solid sleep...your body and swing will thank you for it!!



# WILDWOOD GREEN GOLF CLUB

## June 2019

### Play Without Pain – Kjersten Marlow, Therexcel

5. **“WARM UP” BEFORE AND “COOL DOWN” AFTER YOUR ROUND:** Research shows that "warm" muscles move and perform better than "cold" muscles. This directly relates to your ability to "get in the game earlier" and to recover without pain. TherExcel has developed the IDEAL "Warm Up" for your game...based on "waking up" the muscles and body parts that should be doing the work during your swing. In addition, muscles that properly cool down will demonstrate less stiffness and soreness after a round of golf or range session. Try to get to the course at least 15-minutes before you hit the range to warm up your hips and spine for maximum performance and reduced injury!

Please email me at [KMarlow@NCGOLFPT.com](mailto:KMarlow@NCGOLFPT.com) for your FREE copy of your new pre-round warm-up routine!







# WILDWOOD GREEN GOLF CLUB

## June 2019

### U.S. Open Pool – Thursday, May 30<sup>th</sup> – Saturday, June 15<sup>th</sup>

Be paired with a professional that makes the cut at the U.S. Open by entering our U.S. Open Pool! Beginning Thursday, March 30<sup>th</sup> you can enter as many times as you would like until noon on Saturday, June 15<sup>th</sup>. Each entry is \$5 and you must enter before your round begins. A GHIN handicap is required and you can enter at the golf shop counter. Your 18 hole net round plus the professional's third and fourth round will be added together to determine the winning payouts.



#### U.S. Open Pool Payouts

U.S. Open Winner as a Partner - 10%

Blind Draw Winner – 10%

The remaining purse will be paid out  
as follows:

1st Place - 40%

2nd Place - 30%

3rd Place - 20%

4th Place – 10%





# WILDWOOD GREEN GOLF CLUB

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### Half Price Guest Day

Sunday, June 16<sup>th</sup> – All Day Tee Times

All sponsored and accompanied guests are welcome to play Wildwood Green for only \$25. This rate includes the green fee, cart fee and a small bucket of range balls. A name, email address and phone number will be required by all accompanied or sponsored guests upon checking in at the golf shop counter. You may bring up to 3 guests or sponsor four total guests to play if a member cannot attend.



**Guests play for only \$25**

Call the golf shop at (919) 846-8376 extension 2 to book your tee time today.

### Skins Day

Saturday, June 29<sup>th</sup> – All Day Tee Times

Join Wildwood Green for a competitive all day Skins Event. Win money by making birdies!

**Entry Fee: \$20 per person**  
**(\$10 Gross/\$10 Net)**



All members must sign up before their round and turn in their scorecard after they finish their round. All participants must have an established USGA recognized handicap.



# WILDWOOD GREEN GOLF CLUB

## June 2019

### Couples Golf

Sunday, June 23<sup>rd</sup> – 5:00 PM Shotgun Start



Join us in our monthly Couples Golf Event! June's event will be held on Sunday, June 23<sup>rd</sup> with a start time of 5:00 PM. 9 holes of Captain's Choice will be played and a dinner will be served afterwards.

**For more information, contact the golf shop today!**

### Over/Under 60

Saturday, June 29<sup>th</sup> – 9:00 AM Shotgun Start









Join us for a new 2019 golf event! Over/Under 60 years old team event. We will pair two person teams with one player over the age of 60 and one person under the age of 60. **Sign up with the golf shop staff or by calling 919-846-8376 extension 2.**



# WILDWOOD GREEN GOLF CLUB

## June 2019 Events Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Members &amp; their accompanied guests will be required to take a cart before 11:00am on weekends &amp; holidays. Non-accompanied guests are restricted to carts until 2:00pm on weekends &amp; holidays all year round.</p> <p>Monday Tee Times will begin at 11:00 AM for greens maintenance.</p>						<p>1</p> <p>PGA Junior League Match 4:30PM Shotgun TT Restricted 3:10-4:50 &amp; 5:40-6:40PM</p>
<p>2</p>	<p>3</p> <p>11:00 AM First TT Golf Shop Opens at 10:30 AM</p> <p>WildOats 12:00 PM TT</p>	<p>4</p> <p>WildFlowers Memorial/WildOats 8:30AM SG Senior Scramble 8:30AM SG</p> <p> WOMEN'S GOLF DAY</p>	<p>5</p> <p>Gaggle – 10:00 AM TT</p>	<p>6</p> <p>WildOats - 8:00 AM SG</p> <p>Senior Interclub @ Riverwood 11:00AM TT</p>	<p>7</p> <p>Gaggle – 10:00 AM TT</p>	<p>8</p>
<p>9</p> <p>PGA Junior League 4:30PM Shotgun</p> <p>TT Restricted 3:10-4:50 &amp; 5:40-6:40PM</p>	<p>10</p> <p>11:00 AM First TT Golf Shop Opens at 10:30 AM</p> <p>WildOats 12:00 PM TT</p> <p>WildFlowers Committee Meeting 3PM-4:30PM</p>	<p>11</p> <p>WildOats/WildFlowers Jack &amp; Jill Event 8:30AM</p>	<p>12</p> <p>Gaggle – 10:00 AM TT</p>	<p>13</p> <p>WildOats - 8:30 AM SG</p>	<p>14</p> <p>Gaggle – 10:00 AM TT</p> <p>Tower Engineering Event 40 Players 1:00PM SG</p> <p>TT Restricted 11:20-1:10PM &amp; 3:50-5:50PM</p>	<p>15</p> <p>US Open Pool Ends</p> <p></p> <p>Reg Interclub V. Eagle Ridge 1PM PGA Junior League 4:30 PM SG TT Restricted 3:10-4:50 &amp; 5:40- 6:40PM</p>
<p>16</p> <p>Half Price Guest Day</p> <p></p>	<p>17</p> <p>11:00 AM First TT Wolfpack Camp Range closed 9:00AM- 12:30PM TT Restricted 1:00-1:50PM WildOats 12:00PM TT</p>	<p>18</p> <p>Wildflowers and WildOats 8:30 AM SG Wolfpack Camp Range closed 9:00AM- 12:30PM TT Restricted 1:00-1:50PM</p>	<p>19</p> <p>Gaggle – 10:00 AM TT</p> <p>Wolfpack Camp TT Restricted 7:00AM-9:30AM &amp; 1:00-1:50PM</p>	<p>20</p> <p>WildOats – 10:00 AM TT</p> <p>Wolfpack Camp TT Restricted 7:00AM-9:30AM</p>	<p>21</p> <p>Gaggle – 10:00 AM TT</p>	<p>22</p> <p>CGA One Day 8:00AM TT</p> <p></p> <p>TT Restricted 8:00AM- 11:00AM</p>
<p>23</p> <p>Couples Golf 5PM SG</p> <p></p> <p>Reg Interclub #2 @ Eagle Ridge 10AM TT</p> <p>Reg Interclub #1 v. Lochmere 1PM TT</p> <p>Reg Interclub #1 v. Falls Village 12PM TT</p>	<p>24</p> <p>11:00 AM First TT WildOats 12:00PM TT</p> <p>Wolfpack Camp Range closed 9:00AM- 12:30PM TT Restricted 1:00-1:50PM</p>	<p>25</p> <p>Wildflowers and WildOats 8:30 AM SG Wolfpack Camp Range closed 9:00AM- 12:30PM TT Restricted 1:00-1:50PM</p>	<p>26</p> <p>Gaggle – 10:00 AM TT</p> <p>Wolfpack Camp TT Restricted 7:00AM- 9:30AM &amp; 1:00-1:50PM</p>	<p>27</p> <p>WildOats 10:00 AM TT Wolfpack Camp TT Restricted 7:00AM-9:30AM</p> <p>Senior Interclub v. Lochmere 12PM TT</p>	<p>28</p> <p>Gaggle - 10:00 AM TT</p>	<p>29</p> <p>SKINS DAY</p> <p></p> <p>Over/Under 60 Member Event 9:00AM SG</p>